



Save the Skin

Pressure Ulcers: Prevention, Staging, and Treatment

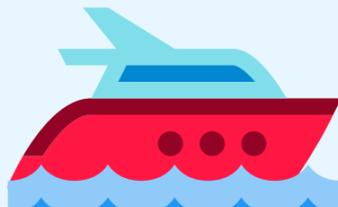


Prevention Strategies

Pressure Redistribution

Optimize Nutrition

Keep Skin Clean and Dry



Staging

Treatment

Intact skin with areas of redness that are localized
Redness does not blanch

1

Barrier Cream
Protective Dressing
Turn and Reposition

Open skin with red/pink color and moist wound bed
Can have blister-like appearance

2

Moist dressing unless infection present
Monitor for further changes

Full thickness skin loss
Tunneling starts to occur
Visible fat tissue or rolled edges

3

Debridement of necrotic tissue
Cover with dressing

Full thickness skin and tissue loss
Muscle, tendon, or bone present in ulcer

4

Pain control
Treat infection (if present)

Unstageable

Full thickness skin and tissue loss that is hidden under
Slough (yellow)
Eschar (black)

Debridement of Soft Eschar
Treat as Stage 3 or 4